## WHERE TO FIND HELP!

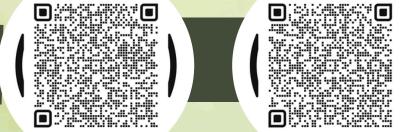


Foundry Victoria offers youth access to mental health and substance use support, primary care, peer support and social services.

Youth Empowerment offers youth services such as counselling, detxox, shelter, addictions, family support and more.

**ERASE BC** helps students stay safe by offering help with bullying, online safety, mental health, and reporting concerns anonymously.

ABUSE & TRUAMA



**ADDICTION** 

EATING

**DISORDERS** 

EMERGENCY FOOD



LGBTQIA2S+

HOUSING ASSISTANCE & SHELTER

LEGAL



MEDICAL

MULTI CULTURAL

MENTAL & EMOTIONAL HEALTH



IN AN EMERGENCY CALL 911 🔕



SEXUAL HEALTH

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