

WHERE TO FIND HELP!



Foundry Victoria offers youth access to mental health and substance use support, primary care, peer support and social services.



Youth Empowerment offers youth services such as counselling, detox, shelter, addictions, family support and more.



ERASE BC helps students stay safe by offering help with bullying, online safety, mental health, and reporting concerns anonymously.



ABUSE & TRAUMA



ADDICTION



EATING DISORDERS



EMERGENCY FOOD



LGBTQIA2S+



HOUSING ASSISTANCE & SHELTER



LEGAL



MEDICAL



MULTI CULTURAL



MENTAL & EMOTIONAL HEALTH



SEXUAL HEALTH

IN AN EMERGENCY CALL 911



This document is intended for information purposes only. Inclusion in this document does not imply endorsement by the Greater Victoria School District. It is the readers' responsibility to determine the suitability of the service for their specific needs.