

May 2019

SUBSTANCE USE FOCUS  
**SNAPSHOT**

# The Connection Between Mental Health and Substance Use

**Mental Illness + Substance Use**

**Increases  
Substance  
Use**



**Worsens  
Mental  
Illness**

**#Get  
the  
FACTS**

**Access the monthly  
Snapshots  
here**



One *Learning* Community

 Greater  
**VICTORIA**  
School District