

May 2019

SUBSTANCE USE FOCUS

**SNAPSHOT**

# Youth Voice

15% of students reported missing classes in the last month because of mental health challenges

Most youth fell short of the Canadian Physical Activity Guidelines

There was no increase from 2013 in the percentages of youth that had tried marijuana or other substances

Among those youth that drank alcohol, there was a decrease in binge drinking

One in 10 students went to bed hungry because there was not enough food in the house

**YOUTH GRANTS ARE AVAILABLE TO SUPPORT STUDENT HEALTH IN YOUR SCHOOL!**

Compared to 2013 data, youth were more likely to feel connected to their community

**#Get the FACTS**

79% of youth felt they had a good life

In the past month 21% of youth had vaped with nicotine and 19% without nicotine

Read the full report here



Access the Youth Grant here



**The 2018 Adolescent Health Survey was completed by 38,000 youth in BC and this is what you told us!**

**Access the monthly Snapshots here**



One *Learning* Community



 **Greater VICTORIA**  
School District