

March 2019

SUBSTANCE USE FOCUS
SNAPSHOT

VAPING:

Good idea?

Bad idea?

#Get the FACTS



“SAFER” doesn’t make it “SAFE”

- Vaping products do not produce smoke or steam, but rather an aerosol consisting of fine particles, containing varying amounts of propylene glycol, glycerin, flavourings and other chemicals.
- Vapour products don’t contain tobacco but many contain nicotine.
- Nicotine is one of the most addictive substances. Some people show early signs of addiction within days after starting to vape.

Access the monthly Snapshots here



It is illegal for minors (under 19 years) to purchase vapour products.

One *Learning* Community

 Greater
VICTORIA
School District