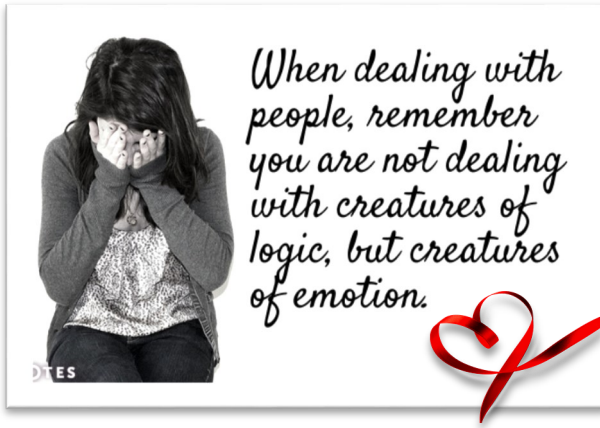


Why Advocate for Social Emotional Learning?

Before students can focus in class and work through challenging problems-in academics or in

life-they need to be taught how to manage emotions, face frustration with patience and determination, and seek help when needed. Teaching social-emotional skills gives students the strong foundation they need to learn and live better.

Student's learning does not occur in a vacuum, but instead at the messy intersection of academic, social, and emotional development. Their learning is helped (or hindered) by the quality of their relationships and the contexts in which they live and learn. Schools that understand this complex reality, work to weave these threads together.



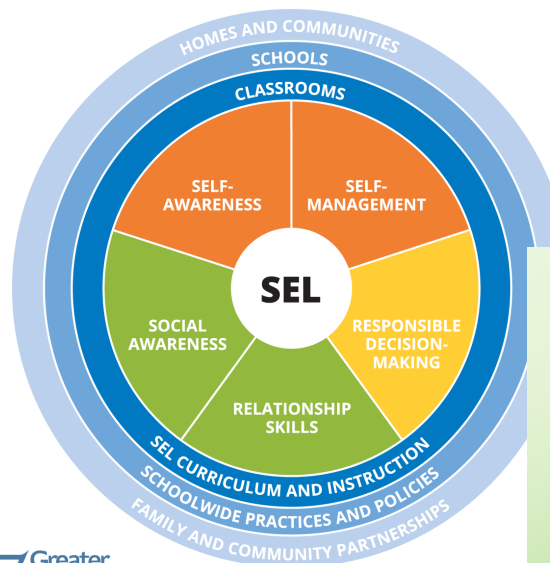
Social Emotional Learning Benefits Educators Too!

Research has shown that educators who implement SEL demonstrate lower levels of stress, and those with a high level of confidence in implementing SEL have expressed renewed professional commitment to teaching - suggesting that implementation of SEL nurtures educators' own well-being.

EDUCATOR QUOTE

"Before I started working with SEL, sometimes I got so stressed that I lost contact with my original intention for becoming a teacher. SEL has rekindled that light inside of me. It's the light of why I became an educator in the first place—to help students connect with their dreams and aspirations and

become better people who contribute to the world in a positive way. That's the power of the SEL lens; it fosters purpose, meaning and deep connection."



The Five Components of Social Emotional Learning

1. **Self Awareness**
2. **Social Awareness**
3. **Self Management**
4. **Relationship Skills**
5. **Responsible Decision Making**

CASEL SEL Model

(Collaborative for Academic and Social Emotional Learning)

Questions or comments?

Contact Harold Caldwell
Director of Learning Support
hcaldwell@sd61.bc.ca



WHAT IS INVOLVED IN BECOMING A SEW ADVOCATE?

- Talk to your administrator about the opportunity and your interest in becoming a SEW Advocate
- Attend the planned sessions* (dates below). Learning Support can provide release time for one advocate per school.
- Be a role model by implementing SEL in your setting (classroom or other).
- Discuss with your administrator opportunities to dialogue with your colleagues about social emotional learning, how it benefits students, how it benefits educators and implementation strategies.
- Share resources on a consistent basis.
- Explore the option of creating a team in your school to move SEL forward.

**You may also consider sharing this role if you are unable to attend all sessions.*

DATES FOR SESSIONS

Sept 20, 2018 – All Advocates 4:00-6:00 pm

Oct 29, 2018 – Middle/Secondary full day retreat 9:00-3:00 pm
(one TTOC provided per school)

Nov 13, 2018 – Elementary full day retreat 9:00-3:00 pm
(one TTOC provided per school)

Feb. 11, 2019– Middle/Secondary -1:00-4:00 pm
(one TTOC provided per school)

Feb 14, 2019 – Elementary-1:00-4:00 pm
(one TTOC provided per school)

May 22, 2018 – All Advocates 4:00-6:00 pm



EDUCATING

THE

HEART



Social Emotional

Wellness

Advocates

2018-2019