

What Unique About Me!

Directions:

Fold the paper vertically on the dark line so that the columns with the eight different strengths are hidden. Read each statement below. Place an checkmark next to each item that is true about you. Then unfold the paper and circle the X's in each row that you checked. Write the total number in each column at the bottom of the paper. What are your strengths?

	Nature	Number/Logic	Words	Music	Pictures	Body	People	Self
I enjoy singing and I sing fairly well.				X				
I enjoy crossword puzzles and word games.			X					
I am good at solving jigsaw puzzles.					X			
I can read maps easily.					X			
I learn best when I can talk over a new idea.							X	
Picture, line and bar graphs are easy to understand.					X			
I like to listen to music in my free time.				X				
I get along well with different types of people.							X	
I like writing about my thoughts and feelings.								X
Protecting the environment is very important to me.	X							
I enjoy caring for pets and other animals.	X							
I like drama and acting things out.						X		
I am good at writing stories.			X					
I can understand difficult math ideas easily.		X						
I play a musical instrument (or would like to).				X				
People tell me I am good at sports or dancing.						X		
I am good at figuring out patterns.		X						
My best way to learn is by doing hands-on activities.						X		
I like spending time by myself.								X
I find that I am often helping other people.							X	
I am naturally good at taking care of plants.	X							
I enjoy solving problems and "brainteasers".		X						
Having quiet time to think over ideas is important to me.								X
I enjoy reading for pleasure.			X					
Totals								