

ABUSE and TRAUMA	
<a href="#">Greater Victoria Police Victim Services</a>	250-995-7351
<a href="#">Help Line for Children (up to age 19)</a>	310-1234
<a href="#">Mary Manning Child Abuse Prevention/Counselling</a>	250-385-6111
<a href="#">VictimLINK BC</a>	1-800-563-0808
<a href="#">Youth Against Violence Line</a>	1-800-680-4264
<a href="#">Women's Sexual Assault Centre</a>	250-383-3232
ADDICTION SERVICES	
<a href="#">Addictions Wellness Lalli Care Clinic</a>	250-386-5100
<a href="#">Alateen</a>	250-383-4020
<a href="#">Alcohol &amp; Drug Information &amp; Referral Service</a>	1-800-663-1441
<a href="#">Alcoholics Anonymous</a>	250-383-7744
<a href="#">Smokers Help Line</a>	1-877-513-5333
<a href="#">Problem Gambling Help Line</a>	1-888-795-6111
<a href="#">Narcotics Anonymous</a>	250-383-3553
<a href="#">Salvation Army Addictions and Rehabilitation</a>	1-800-725-2769
<a href="#">Victoria Native Friendship Centre</a>	250-384-3211
<a href="#">Victoria Youth Empowerment Society</a>	250-383-3514
<a href="#">Island Health Discovery Youth and Family Svcs</a>	250-519-5313
EATING DISORDERS	
<a href="#">Kelty Mental Health (Eating Disorders)</a>	1-800-665-1822
<a href="#">Cedric Centre</a>	1-866-383-0797
<a href="#">Jessie's Legacy Program</a>	1-604-988-5281
<a href="#">Looking Glass BC</a>	604-314-0548
<a href="#">MCFD Eating Disorders Program</a>	250-387-0000
<a href="#">Overeaters Anonymous</a>	250-413-3093
EMERGENCY FOOD	
<a href="#">Community Meal Program (Salvation Army)</a>	250-384-3396
<a href="#">Food Not Bombs</a>	250-383-5144
<a href="#">Mustard Seed Food Bank</a>	250-953-1575
<a href="#">St Andrews Cathedral -910 Club</a>	778-440-7687
LGBTQ	
<a href="#">AIDS Vancouver Island</a>	1-800-665-2437
<a href="#">PFLAG</a>	250-385-9462
<a href="#">Queer, Trans and Allies Youth Drop In</a>	250-475-7600
<a href="#">The Trevor Project</a>	1-866-488-7386
<a href="#">Uvic Pride</a>	250-472-4393
HOUSING ASSISTANCE & SHELTER	
<a href="#">Kiwanis Youth Shelter</a>	250-595-3133
<a href="#">Out of the Rain Youth Night Shelter</a>	250-884-3701
<a href="#">Pandora Youth Apartments</a>	250-380-2663
<a href="#">Threshold Housing Society</a>	250-383-8830



*This document is intended for information purposes only. Inclusion in this document does not imply endorsement by the GVSD or the Healthy, Safe and Caring Schools Program. It is the readers' responsibility to determine the suitability of the service for their specific needs.*

Compiled by Healthy, Safe and Caring Schools Program  
Greater Victoria School District  
December 2017

LEGAL INFORMATION	
<a href="#">Crime Stoppers</a>	1-800-222-TIPS
<a href="#">Dial-a-Law</a>	1-800-565-5297
<a href="#">Law Centre—University of Victoria</a>	250-385-1221
<a href="#">B.C. Ombudsperson</a>	250-387-5855
<a href="#">Restorative Justice Victoria</a>	250-383-5801
MEDICAL HELP	
<a href="#">BC Drug &amp; Poison Information Centre</a>	1-800-567-8911
<a href="#">HealthLink BC</a>	811 or 604-215-8110
<a href="#">Island Health Public Health Nursing</a>	250-388-2200
<a href="#">Victoria Youth Clinic</a>	250-383-3552
MULTI-CULTURAL	
<a href="#">Anti-Dote Multi-Racial Girls Network</a>	info@antidotenetwork.org
<a href="#">Inter-Cultural Association</a>	250-388-4728
<a href="#">Victoria Immigrant and Refugee Centre</a>	250-361-9433
<a href="#">Victoria Native Friendship Centre</a>	250-384-3211
MENTAL & EMOTIONAL HEALTH	
<a href="#">Artemis Place</a>	250-598-5183
<a href="#">B.C. Bereavement Helpline</a>	1-877-779-2223
<a href="#">B.C. Schizophrenia Society</a>	1-888-888-0029
<a href="#">Here to Help BC</a>	310-6789
<a href="#">Kelty Mental Health</a>	1-800-665-1822
<a href="#">Kids Help Phone Line</a>	1-800-668-6868
<a href="#">MCFD Child and Youth Mental Health</a>	250-952-5073
<a href="#">Men's Trauma Counselling</a>	250-381-6367
<a href="#">South Island Centre for Counselling</a>	250-472-2851
<a href="#">Vancouver Island Crisis Line</a>	1-888-494-3888
<a href="#">Umbrella Society</a>	250-380-0595
<a href="#">Youth In BC</a>	1-866-661-3311
<a href="#">Youth Space Chat Line</a>	778-783-0177
<a href="#">Victoria Youth Empowerment Society</a>	250-383-3514
SEXUAL HEALTH	
<a href="#">AIDS Vancouver Island</a>	250-384-2366
<a href="#">Best Babies Fernwood</a>	250-381-1552
<a href="#">YMCA Young Moms Program</a>	250-382-1004
<a href="#">Girls Alternative Program</a>	250-360-4300
<a href="#">Island Sexual Health Society</a>	250-592-3479
<a href="#">Sex Sense Help Line</a>	1-800-739-7367
<a href="#">Victoria Pregnancy Centre</a>	250-380-6883
<a href="#">Victoria Youth Clinic</a>	250-383-3552

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