

## **Child and Youth Mental Health and Substance Use Support Services in Victoria, BC**

### **Boys and Girls Club of Greater Victoria**

ADDRESS: 301-1195 Esquimalt road

COMMUNITY: Victoria

PHONE: 250-384-9133

EMAIL: [info@bgcvic.org](mailto:info@bgcvic.org)

WEBSITE: <http://www.bgcvic.org/>

OPEN: Mon to Fri 8:00 am to 4:30 pm

CATCHMENT: Victoria

SERVICES: supportive recovery care home for drug and alcohol issues. Before and after school programs, ages 5 - 12. Care home parenting program for young women 16 - 21. Turning point program for youth 12 - 19 to address personal safety.

### **Child and Youth Mental Health Saanich Office**

AFFILIATE: MCFD Vancouver Island

WALKIN HOURS: Tues 9:00 Am To 3:00 Pm and Thurs 11:00 am to 4:30 pm

ADDRESS: 201-4478 West Saanich Road

COMMUNITY: Victoria

PHONE: 250-952-5073

OPEN: Mon to Fri 8:30 am to 4:30 pm; closed 12:00 pm to 1:00 pm

CATCHMENT: Victoria, Saanich, Peninsula, Greater Victoria

SERVICES: Assessment and treatment, counselling and therapy services, integrative community mental health services, and family supports for youth under 19 experiencing high risk mental and emotional distress. Connections to community resources and services

### **Child And Youth Mental Health West Shore Office**

AFFILIATE: MCFD Vancouver Island

WALKIN HOURS: Tues 9:00 am To 3:00 pm and Thurs 11:00 am To 4:30 pm

ADDRESS: 2nd floor, 345 Wale Road

COMMUNITY: Victoria

Phone: 250-391-2223

<https://www.divisionsbc.ca/media/websitecontent/7120/wscymh%20intake%20clinic%20brochure.pdf>

OPEN: Mon to Fri 8:30 am to 4:30 pm; closed 12:00 pm to 1:00 pm

CATCHMENT: Victoria and surrounding areas

SERVICES: assessment, treatment, and consultation for children and youth up to age 19 struggling with anxiety, depression, eating disorders, severe behavioral problems and psychosis. Individual counselling, play therapy, family therapy, and group therapy.

### **Discovery Youth and Family Substance Use Services, Victoria Office**

AFFILIATE: Island Health

ADDRESS: 530 Fraser Street

COMMUNITY: Victoria

PHONE: 250-519-5313

EMAIL: [discovery.southisland@viha.ca](mailto:discovery.southisland@viha.ca)

WEBSITE: <http://www.viha.ca/youth-substance-use/discovery.htm>

OPEN: Mon to Fri 8:30 am to 4:30 pm; closed 12:00 pm to 1:00 pm

CATCHMENT: Victoria

SERVICES: program provides counseling for youth experiencing substance issues with self or others, family counseling and support, outreach in community and schools, and parent education for families. Youth ages 13 to 19 and families.

**Early Psychosis Intervention (Epi) Program, Anscomb Program, Queen Alexandra Centre For Children's Health**

AFFILIATE: Island Health

ADDRESS: 2400 arbutus road

COMMUNITY: Victoria

PHONE: 250-519-5390; 24-hour Vancouver Island Crisis Line:1-888-494-3888

WEBSITE: [http://www.viha.ca/locations/queen\\_alexandra\\_centre\\_childrens\\_health.htm](http://www.viha.ca/locations/queen_alexandra_centre_childrens_health.htm)

OPEN: Mon to Fri 8:00 am to 4:00 pm

CATCHMENT: Victoria And Greater Victoria Area

SERVICES: support, collaboration, education and mental health assessment to south island children up to 17 experiencing a decline in function and have auditory/visual hallucinations and/or delusions that may indicate early psychosis. Open referral system.

**Hope House**

AFFILIATE: Salvation Army of Canada

ADDRESS: 512 Catherine Street

COMMUNITY: Victoria

PHONE: 250-381-9474

WEBSITE: [www.victoriahopehouse.ca](http://www.victoriahopehouse.ca)

OPEN: Mon to Fri 10:00 AM to 3:00 PM

CATCHMENT: Victoria

SERVICES: A supportive residential recovery facility to help vulnerable male youth, 13-18, addicted to drugs/alcohol. The goal is to support these youth in recovery and help them make positive changes through structure, programming, and recreation

**Hulitan Family and Community Services Society**

AFFILIATE: MCFD Vancouver Island

ADDRESS: 902A Caledonia Avenue

COMMUNITY: Victoria

PHONE: 250-384-9466

EMAIL: [swells@hulitan.ca](mailto:swells@hulitan.ca)

WEBSITE: <http://www.hulitan.ca>

OPEN\_HRS: Mon to Fri 9:00 AM to 5:00 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: Victoria

SERVICES: Counselling and support for Aboriginal children and their families, with specialized supports offered to those who have been sexually abused or exhibit sexually intrusive behaviours. Therapeutic interventions with culturally appropriate practices

**Integrated Mobile Crisis Response Team (IMCRT)**

AFFILIATE: Island Health

COMMUNITY: Victoria

PHONE: 1-888-494-3888

CATCHMENT: Vancouver Island

SERVICES: Support for people of all ages experiencing urgent/emergent mental health problems, as well as addictions issues. Short-term support & stabilization to manage the crisis. Continuity of care between initial intervention and follow-up services ensured.

**Mary Manning Centre Child Abuse Prevention and Counselling Society of Greater Victoria (CAPCS)**

AFFILIATE: MCFD Vancouver Island

ADDRESS: 210-175 Cook Street

COMMUNITY: Victoria

PHONE: 250-385-6111

EMAIL: [admin@marymanningcentre.com](mailto:admin@marymanningcentre.com)

WEBSITE: <http://www.marymanningcentre.com>

OPEN\_HRS: Mon to Fri 9:00 AM to 5:00 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: Greater Victoria

SERVICES: Mental health treatment for children and youth up to age 19 who have suspected or verified histories of sexual abuse and for children under age 12 who demonstrate intrusive sexual behaviours. Also provides individual and family counselling.

**Ministry of Children and Family Development Aboriginal CYMH Victoria Team**

AFFILIATE: MCFD Vancouver Island

ADDRESS: 2nd Floor, 1195 Esquimalt Road

COMMUNITY: Victoria

PHONE: 250-588-3154

OPEN\_HRS: Mon to Fri 8:30 AM to 4:30 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: Victoria, South Vancouver Island

SERVICES: Supports for Aboriginal children and youth through screening, assessment, and community integrated referrals. Child protection services are offered for investigation of abuse and neglect to assist families remaining together when possible.

**Ministry of Children and Family Development South Island Eating Disorders**

AFFILIATE: MCFD Vancouver Island

ADDRESS: 302-2955 Jutland Road

COMMUNITY: Victoria

PHONE: 250-387-0000

OPEN HOURS: Mon to Fri 8:30 AM to 4:30 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: South Vancouver Island

SERVICES: Program provides nutritional and medical management of anorexia, bulimia and other eating disorders. Program offers individual, group and family therapy, and psycho-educational resources

**Ministry of Children and Family Development Victoria Office**

NAME: Ministry of Children and Family Development Victoria Office

AFFILIATE: MCFD Vancouver Island

WALKIN HOURS: Tues 9:00 AM to 3:00 PM and Thurs 11:00 AM to 4:30 PM

ADDRESS: 302-2955 Jutland Road

COMMUNITY: Victoria

PHONE: 250-356-1123

OPEN HOURS: Mon to Fri 8:30 AM to 4:30 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: Victoria and surrounding areas

SERVICES: Program provides assessment, treatment, and consultation for children and youth up to age 19 experiencing mental health struggles with anxiety, depression, eating disorders, severe behavioral problems and psychosis.

### **Pacific Centre Family Services Association, Westshore Child & Youth & Family Centre**

AFFILIATE: MCFD Vancouver Island

ADDRESS: 345 Wale Road

COMMUNITY: Victoria

PHONE: 250-478-8357

EMAIL: [pacificcentre@pcfsa.org](mailto:pacificcentre@pcfsa.org)

WEBSITE: <http://www.pacificcentrefamilyservices.org/programs/sexual-abuse-intervention-program>

OPEN HOURS: Mon to Fri 8:30 AM to 4:30 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: Victoria

SERVICES: For children who have been sexually abused, or have sexually intrusive behaviors, to help in their recovery from the trauma of sexual abuse. Art and play therapy are used and the children are taught safety skills.

### **Queen Alexandra Centre for Children's Health**

AFFILIATE: Island Health

ADDRESS: 2400 Arbutus Road

COMMUNITY: Victoria

PHONE: 250-519-5390

OPEN\_HRS: Mon to Fri 8:30 AM to 3:00 PM

CATCHMENT: Victoria and surrounding areas

SERVICES: Program offers Early Psychosis Intervention (EPI), Urgent Psychiatric Consultation, inpatient services and crisis intervention.

### **Specialized Youth Detox**

AFFILIATE: Victoria Youth Empowerment Society (YES)

WALKIN HOURS: First and third Thurs of the month 1:30 PM to 2:45 PM or by appointment

ADDRESS: 533 Yates Street

COMMUNITY: Victoria

PHONE: 250-383-3514

EMAIL: [syd@vyes.ca](mailto:syd@vyes.ca)

WEBSITE: <http://www.vyes.ca/programs/#syd>

OPEN\_HRS: Mon to Fri 8:00 AM to 5:00 PM

CATCHMENT: Vancouver Island

SERVICES: Voluntary Specialized Youth Detox (SYD) for youth 13 to 18. Non-medical withdrawal management facility serving the youth of Vancouver Island. Post withdrawal planning. Medical screen is required. Self-referral or by agencies, family, or professionals.

**Surrounded By Cedar Children & Family Services (SCCFS)**

AFFILIATE: MCFD Vancouver Island

WALKIN HOURS: Mon to Fri 9:00 AM to 5:00 PM; CLOSED Mon to Fri 12:30 PM to 1:00 PM

ADDRESS: 211-1497 Admirals Road

COMMUNITY: Victoria

PHONE: 250-383-2990

EMAIL: [info@sccfs.com](mailto:info@sccfs.com)

WEBSITE: <http://www.surroundedbycedar.com>

OPEN\_HRS: Mon to Fri 9:00 AM to 5:00 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: Southern Vancouver Island

SERVICES: Clinical mental health services for Aboriginal children, youth and families impacted by trauma. High-risk youth outreach service and programming for youth transitioning into adulthood. Guardianship, resource, adoption, and family development services

**Victoria General Hospital: Urgent Psychiatric Consult**

AFFILIATE: Island Health

ADDRESS: 2400 Arbutus Road

COMMUNITY: Victoria

PHONE: 250-727-4212

OPEN\_HRS: Mon to Fri 8:30 AM to 4:30 PM; CLOSED 12:00 PM to 1:00 PM

CATCHMENT: Victoria

SERVICES: One-time psychiatric evaluation for youth up to 17 with urgent mental health concerns. Psychiatric consultation and assessment for early psychosis, severe depression or anxiety, suicidal ideation or deterioration in functioning. By appointment only

**Victoria Youth Clinic**

AFFILIATE: Victoria Youth Clinic

ADDRESS: 533 Yates Street

COMMUNITY: Victoria

PHONE: 250-383-3552

WEBSITE: [www.victoriayouthclinic.ca](http://www.victoriayouthclinic.ca)

OPEN HOURS: Mon to Thur 11:00 AM to 6:00 PM

CATCHMENT: Victoria

SERVICES: Program provides youth counselling, outreach supports, and medical supports that include testing and vaccinations.